

## CONGREGATIONAL HYMN

### "Leaning On The Everlasting Arms"

What a fellowship, what a joy divine,  
Leaning on the everlasting arms;  
What a blessedness, what a peace is mine  
Leaning on the everlasting arms.

#### **Refrain:**

***Leaning, leaning,  
Safe and secure from all alarms,  
Leaning, leaning,  
Leaning on the everlasting arms.***

Oh, how sweet to walk in this pilgrim way,  
Leaning on the everlasting arms;  
Oh, how bright the path grows from day to day,  
Leaning on the everlasting arms.

What have I to dread, what have I to fear,  
Leaning on the everlasting arms?  
I have blessed peace with my Lord so near,  
Leaning on the everlasting arms.

## CHURCH ACTIVITIES



#### **Friday Service:**

8:30-11:15am

*Fresh Fire Prayers @8:30am*

*Search the Scriptures @8:50am*

*Celebration Service @9:50am*

#### **Join online:**

<https://www.facebook.com/HouseofDavid.Kuwait>

#### **Sunday Service:**

**Divine Encounter @**

6:30pm to 7:30pm

#### **Join online:**

<https://www.facebook.com/HouseofDavid.Kuwait>

#### **Online Every Tuesday:**

**Digging deep @**

7:00pm to 8:00pm

<https://call.whatsapp.com/voice/SqQMZAqShYJLCPFQ1afnb4>

#### **Every First Friday:**

**Thanksgiving Service**

#### **Every Last Wed, Thurs. & Fri**

**Fasting and prayer**

#### **Every First Sunday:**

**Holy Communion Service @**

6:30pm to 7:30pm

## HOUSE FELLOWSHIP

*Due to the COVID pandemic the House Fellowship Centres were closed and teaching is provided virtually for House Fellowship members using whatsApp*

on

**Tuesdays @ 7:00pm to 8:00pm**

<https://call.whatsapp.com/voice/SqQMZAqShYJLCPFQ1afnb4>



### HAPPY BIRTHDAY

*"Teach us to number our days ...." - Ps. 90:12*

Sis. Rebekah	-	Dec. 05
Bro. Stephen Jolayemi	-	Dec. 14
Pastor Emmanuel Cole	-	Dec. 18
Sis. Stella Usha Pillai	-	Dec. 19
Bro. Nwaiwu Ikechukwu Johnson	-	Dec. 22
Bro. Abiodun Joseph Oyeniji	-	Dec. 24
Sis. Lydia Muyama	-	Dec. 24
Bro. Patrick	-	Dec. 24
Bro. Christopher Freeman	-	Dec. 26

### WEDDING ANNIVERSARY

Pst. & Mrs. Sunday Owolabi	-	Dec. 02
----------------------------	---	---------

## THE REDEEMED CHRISTIAN CHURCH OF GOD HOD PARISH KUWAIT



*'WHERE WE ARE BLESSED TO BLESS'*

## Celebration Service 06/12/2024



**Venue:** Block 11, Street 4, Building 2, Salwa, Kuwait  
(Basement)

**Contact:** (+965) 60973422, 66807407, 96756210

**E-Mail:** [rccghouseofdavidq8@gmail.com](mailto:rccghouseofdavidq8@gmail.com)

**Website:** [www.rccghodkuwait.com](http://www.rccghodkuwait.com)

**Facebook:** <https://www.facebook.com/HouseofDavid.Kuwait>

**PASTOR E. A. ADEBOYE**

**GENERAL OVERSEER**

**PASTOR EMMANUEL COLE**

**HOST PASTOR**



## SEARCH THE SCRIPTURES

### LESSON 14

#### TOPIC: “Anger Management”

**MEMORY VERSE:** “Be not hasty in thy spirit to be angry: for anger resteth in the bosom of fools.” – **Ecclesiastes 7:9** (KJV)

**BIBLE PASSAGE:** **Ephesians 4:26-27** (KJV)

**INTRODUCTION:** Anger is a negative emotion characterised by bitterness towards someone or something especially when there is a perceived wrong. It often ignites powerful, restless, aggressive feelings and behaviours. The feeling of anger arises due to how we interpret or react to certain situations. Anger is termed ‘temporary madness’ because it takes over the mind and body and removes the ability to reason with no respect for dignity and friendship. Anger Management is gaining control over our emotions and the ability to regulate rage. We can be angry but it must be managed and not degenerate into sin (**Psalm 37:8; Ephesians 4:26-27**).

#### LESSON OUTLINES:

1. Anger Triggers and its Effects
2. Subduing Anger

#### 1. ANGER TRIGGERS AND ITS EFFECTS

As humans, we have triggers that make us angry and this could be, from trivial to serious concerns (**Leviticus 10:16-17**). Anger issues also stem from a strong feeling that is oriented toward some real or supposed grievance (**Numbers 22:27**). Other causes of anger include hatred/frustration (**Jonah 3:10-4:1**); lack of rule over one’s spirit (**Proverbs 25:28**); hasty judgements (**2 Samuel 12:5-7**); quick temper (**Proverbs 14:17**); acting foolishly (**2 Chronicles 16:8-10**);

transferred aggression (**Daniel 2:11-12**), and unjustifiable reasons (**Matthew 5:22**).

Anger is dangerous because it can result in murder and alter destinies (**Genesis 49:6-7**). It also stirs up strife (**Proverbs 29:22**); ruins/halts good relationships (**Proverbs 22:24-25**); makes one do irrational things (**Exodus 32:19**); brings low (**1 Samuel 17:28-30**); makes one say what should not be said (**1 Samuel 20:30**).

#### 2. SUBDUING ANGER

To manage anger, every believer must develop the ability to control his/her temperament (particularly in stressful situations) with the help of the Holy Spirit (**Galatians 5:22-23**). We must show proper behaviour and/or disagree appropriately without losing control of our emotions (**Ephesians 4:26**). Self-control is a good regulator for anger (**Galatians 5:23**). We must consciously put anger far away from us (**Ephesians 4:31**). Anger is a vice we must cease from (**Psalms 37:8**). It must be deliberately put off (**Colossians 3:8**).

We must also employ strategies such as being slow to speak (**James 1:19**); providing a soft and gentle answer (**Proverbs 15:1**); being discreet (**Proverbs 19:11**); walking away from an angry person/scene (**Proverbs 26:4**); talking to oneself “why am I angry” (**1 Corinthians 9:27**); looking inwards with divine assistance for unresolved issues which trigger anger (**Psalms 139:23-24**); staying calm (**Proverbs 14:29**); learn to be quiet (**Proverbs 13:3**) and attend to issues with knowledge (**Proverbs 17:27; 13:16**). Not allowing anger to run for days depicts maturity.

If you lose your temper at the slightest provocation, you must acknowledge that you have anger issue and deal with it decisively. See a therapist if need be and ask God for help.

**CONCLUSION:** God has given us the Spirit of self-control (**Galatians 5:23a**), so, our anger can be managed when we work at it and ask God for help. Control anger before it ruins you.